



## Blessing for Lighting Shabbat Candles

When we light Shabbat candles, we are re-enacting God's first act of creation — God created light! By lighting Shabbat candles we bring sacred space to our homes and families.

Light the candles. Extend your hands over the candles, draw them inwards three times in a circular motion towards you, cover your eyes and say the blessings:

While your eyes are still covered, open your heart before the Holy One. Use this sacred time to pray for what is most needed and meaningful.

בָּרוּךְ אַתָּה י י אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ  
בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת

*Baruch Atah Adonai, Elohaynu melekh ha'olam, asher kidd'shanu*

*b' mitzvotav v'tzivanu l'hadlik nayr shel Shabbat.*

Praised are you, Adonai, Sovereign of the universe,

Who has sanctified us by commanding us to light Shabbat candles.